

# project cork

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## Alcohol Use Disorder Identification Test (AUDIT)

Client/Chart Copy [\(English\)](#)  
[\(Spanish\)](#)

1. How often do you have a drink containing alcohol?  
(Never, 0) (Monthly or less, 1) (Two to four times a month, 2) (Two to three times a week, 3) (Four or more times a week, 4)
2. How many drinks containing alcohol do you have on a typical day when you are drinking?  
(1 or 2 drinks, 0) (3 or 4 drinks, 1) (5 or 6 drinks, 2) (7 to 9 drinks, 3) (10 or more, 4)
3. How often do you have six or more drinks on one occasion?  
(Never, 0) (Monthly or less, 1) (Two to four times a month, 2) (Two to three times a week, 3) (Four or more times a week, 4)
4. How often during the last year have you found that you were not able to stop drinking once you had started?  
(Never, 0) (Monthly or less, 1) (Two to four times a month, 2) (Two to three times a week, 3) (Four or more times a week, 4)
5. How often during the last year have you failed to do what was normally expected from you because of drinking?  
(Never, 0) (Monthly or less, 1) (Two to four times a month, 2) (Two to three times a week, 3) (Four or more times a week, 4)
6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?  
(Never, 0) (Monthly or less, 1) (Two to four times a month, 2) (Two to three times a week, 3) (Four or more times a week, 4)
7. How often during the last year have you had a feeling of guilt or remorse after drinking?  
(Never, 0) (Monthly or less, 1) (Two to four times a month, 2) (Two to three times a week, 3) (Four or more times a week, 4)
8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?  
(Never, 0) (Monthly or less, 1) (Two to four times a month, 2) (Two to three times a week, 3) (Four or more times a week, 4)
9. Have you or someone else been injured as a result of your drinking?  
(No, 0) (Yes, but not in the last year, 2) (Yes, during the last year, 4)
10. Has a relative or friend, or a doctor or other health worker been concerned about your drinking, or suggested you cut down?  
(No, 0) (Yes, but not in the last year, 2) (Yes, during the last year, 4)

**Scoring:** The points awarded for each question range from 0 to 4. The total scores range from 0 to 40. The WHO has organized the scores into four "zones," each with a suggested clinical response. It is emphasized that clinical judgment is required and must be factored in, especially when the client's score is not consistent with other evidence.

### Recommended Interventions

Zone 1-7 **Intervention:** Alcohol education

Zone 8-15 **Intervention:** Simple advice

Zone 16-19 **Intervention:** Simple advice, plus brief counseling and continued monitoring

Zone 20-40 **Intervention:** Referral for diagnostic evaluation and treatment

**Sensitivity and Specificity**

	<u>% those with score who <i>have</i> alcohol abuse / dependence</u>	<u>% all alcoholics with this score</u>	<u>% all alcoholics with lower score</u>
Score 12	97 %	28 %	72 %
Score 8	90 %	61 %	39 %
Score 2	25 %	97 %	3 %

**Bibliography on AUDIT**

Copy for clinical use: [\(English\)](#) [\(Spanish\)](#)

December 2010